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## The Spirit Pt 1 live and walk in the Spirit

This is a new study on the Spirit following on from our previous teachings on the fruit of the Spirit. We will cover three points from our search of the scriptures– i) we are to live in the Spirit, ii) we are to walk in the Spirit, and (iii) the LORD promised to put His spirit in Israel so they would walk in His statutes.

A little more detail on our three points–

### 1. Let us live in the Spirit.

[24] And they that are Christ's have crucified the flesh with the affections and lusts.

[25] If we live in the Spirit, let us also walk in the Spirit. (Gal.5: 24, 25)

Q How do we live in the Spirit?

A "For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit" (Rom 8:5).

### 2. If we walk in the Spirit you will NOT fulfil the lusts of the flesh

"This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh"  
(Gal 5: 16).

### 3. God promised to put His spirit within Israel so they could walk in His statutes

"And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them" (Ez.36: 27).

#### Illustration

I know how to fall because of my flesh, and I know how to glimpse spiritual things. And the more time we spend in spiritual things the more spiritual things we will reap. For example– focus on spiritual things in your daily activities– Reading the scriptures which are spiritual, using our spiritual gifts, edifying the brethren and encouraging one another. When we have times by ourselves– pray "with all...supplication in the Spirit" (Eph.6: 18), speak to yourselves in psalms...and making melody in your heart unto the Lord (Eph.5: 18, 19). You will have little time for anything of the flesh, and the pendulum will swing to the Spirit bearing fruit.

#### Question of the scriptures

How does walking in the Spirit enable us to– not fulfil the lusts of the flesh?

#### Answer from the scriptures

To walk in the Spirit is to DO–spiritual things that enable the Spirit to bear fruit of the Spirit of God. Therefore, if we bare **ALL nine** fruit of the Spirit (from teachings) we are **UNABLE** to fulfil the lusts of the flesh.

The flesh lusts against the Spirit, and the Spirit against the flesh, so that we cannot do the things that we would– Gal 5:17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.

If we give our flesh an inch, if we give in to the lust of the flesh as David did, we will fulfil them. However, it is certain that if we live in the Spirit, and walk in the Spirit, then the Spirit will bare fruit in us.

The more we walk in the Spirit, the more fruit the Spirit will bare, the less we live and walk in the Spirit the less fruit the Spirit will bare. "Quench not the Spirit" (1Thes.5: 19). Amen!! Next week we look at what it means to be led of the Spirit!